

BREAKFAST

Sunday

Oatmeal
Blueberry Pancakes
(served with butter and maple syrup)

Monday

Oatmeal
Toast
Scrambled Eggs

Tuesday

Oatmeal
Bran Muffin
Hard Boiled Egg
Fruit

Wednesday

Oatmeal
Breakfast Sandwich
English Muffin (Egg & Cheese)

Thursday

Oatmeal
Toast
Hard Cooked Egg

Friday

Oatmeal
Pancakes
Scrambled Egg

Saturday

Oatmeal
Hard Cooked Egg
Bran Muffin
Banana

Fall River

Jewish Home

Sample Weekly Menu

LUNCH

Sunday

Vegetable Barley Soup, Roasted Turkey and Gravy,
Mashed Potato and Carrot
Dessert: Strawberry and Banana Mix

Monday

Shepard Pie and Dinner Roll
Dessert: Sliced Pears

Tuesday

BBQ Chicken, Baked Potato and Southwestern Corn
Dessert: Watermelon

Wednesday

Hamburger, Baked Beans, Coleslaw
Dessert: Peaches

Thursday

House Salad, Vegetable Spaghetti, Garlic Bread
Dessert: Jello-O

Friday

Baked Fish in Tomato-Mushroom Sauce
Served over bed of boiled rice
Oriental Blend vegetable
Dessert: Ice Cream Sandwich

Saturday

Portuguese Pea Soup, Roast Beef in Brown Gravy,
Mashed Potatoes, Sliced Baby Carrots
Dessert: Cantaloupe

Fall River

Jewish Home

Sample Weekly Menu

DINNER

Sunday

Deli Style Egg Salad with lettuce, tomato
Served with pickled cucumbers
Dessert: Chocolate frosted cup cake

Monday

Homemade Vegetable Soup
Turkey Club on whole wheat, Vegetable Pasta Salad
Dessert: Mandarin Oranges

Tuesday

Tomato Soup
Grilled Cheese on Marble Rye
Dessert: Homemade Chocolate Chip Cookie

Wednesday

Corn Chowder
Salmon Pie with Dill Sauce, Seasoned Green Beans
Dessert: Ice Cream Cup

Thursday

Italian Soup
Seafood Salad Pocket, Green Bean Salad with Feta Cheese
Dessert: Vanilla Frosted Cake

Friday

Chicken Soup
Oven Roasted Chicken with Gravy, Potato Kugel
Italian Blend Vegetables and Challa Bread
Dessert: Apple turnover

Saturday

American Chop Suey served with Zucchini
Dessert: Strawberry Whip